

CITB Achieving Behavioural Change (ABC)

Accreditation	CITB
Course duration	1 Day
Certificate valid for	5 years

Who should attend

This course is for you if you're required to adopt behavioural change relating to site safety in a construction setting.

Course information

Overview

This one-day course is designed to provide delegates with an understanding of how attitude, behaviour, communication and worker engagement at all levels can help prevent the chances of accidents occurring.

The course provides training on the benefits of adopting behavioural change and is aimed at all contractors who work on construction and civil engineering projects.

The course can be applied to any construction setting and features the use of the point of work assessment STAARR (Stop, Think, Assess, Act, Report and Review) and the TASK (Think first, Act safe, Stop if hazardous, and Keep Safe) card. This is a simple dynamic risk assessment system used where contractors or suppliers through the life of a programme have not adopted their own system.

Aims and Objectives

The delegate will gain knowledge and understanding in:

- The basic legal duties of employers and employees
- Identifying hazards and understanding risk and control measures
- Identifying the possible causes of accidents
- The link between attitude and behaviour
- The cost of poor safety performance
- The benefits of good safety performance
- The use of STAARR and TASK card systems

At the end of the day the delegates will be able to:

- Understand basic legal duties of employers and employees
- Identify hazards and understand need for risk assessment
- Understand causes of accidents and the costs associated with poor safety performance
- Identify the benefits of good safety performance
- Understand and use the STAARR and TASK card systems

Entry Requirements

Delegates must be competent in English at operative level. The course content is suited for all ability levels.

Delegate Numbers

The minimum number of delegates per course is 4. The maximum number of delegates per course is 20. These are stipulated by the awarding body and are not subject to appeal.

Assessment

Assessment is by multiple-choice questions, which require the delegate to answer 9 questions relating to the subject areas covered.

Exam Details

The examination paper is compulsory and consists of 9 questions (25 marks) covering all aspects of the course, and is selected by CITB.

The examination pass marks are determined by level:

- For operatives the pass mark is 15 out of 25 (60%)
- For managers and supervisors the pass mark is 20 out of 25 (80%)

The exam paper forms part of the overall assessment as to whether or not the delegate has successfully taken on the information necessary to demonstrate the course objectives have been fulfilled.

The examination lasts for 30 minutes and must be completed within this time.

Certification

Successful delegates will be awarded a CITB Achieving Behavioural Changes (ABC) Certificate valid for 5 years. It takes approximately 6-8 weeks for the CITB to issue certification

More details

Course Publication

STAARR TASK Cards

Suggested Course Exercises

Exercise 1: Consequences of an accident

Exercise 2: Legal duties

Exercise 3: Health and safety problems

Exercise 4a: Unsafe acts

Exercise 4b: Unsafe conditions

Exercise 5: Costs of accidents

Exercise 6: Motivation for behavioural change

Exercise 7: Benefits of good health and safety performance

Exercise 8: Use of STAARR/TASK cards